

# Triathlon<sup>®</sup> Tritanium<sup>®</sup> Cone Augments

## Design rationale

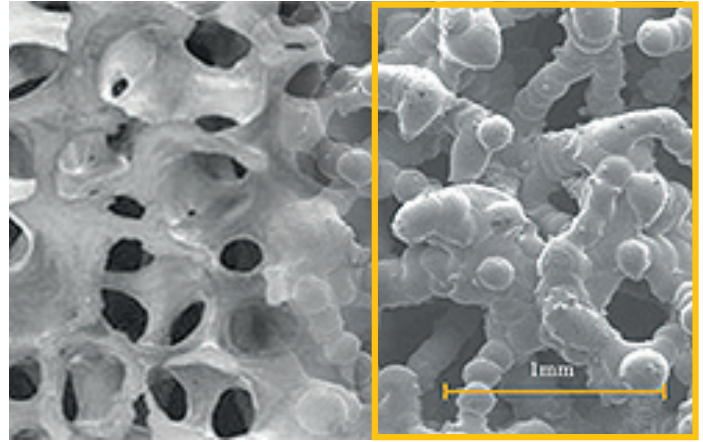
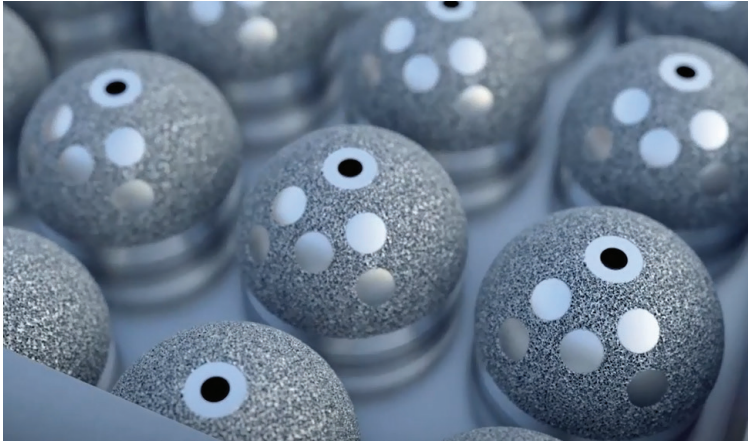


# Triathlon Tritanium Cone Augments

**Triathlon Tritanium Cone Augments** are produced using Stryker's AMagine™ Additive Manufacturing technology. Highly precise geometries are sintered together using a focused laser beam to grow the unique implant structure layer by layer.

cancellous bone

Tritanium ingrowth surface



## What is additive manufacturing?

Additive Manufacturing (AM) is a state of the art manufacturing technique that uses a computer model of an implant and grows the part layer by layer in a three-dimensional environment, fusing one layer of fine titanium powder to the layer preceding it.

Average pore size<sup>1</sup>

**458 microns**

Average porosity<sup>1</sup>

**64%**

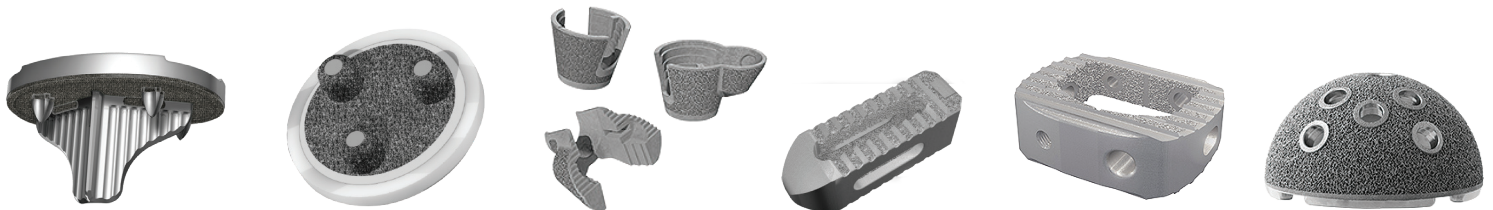
Average porous thickness<sup>1</sup>

**1212 microns**

Mean surface roughness<sup>1</sup>

**90nm**

## Commercial launches with Tritanium



**2014**

Triathlon  
Tritanium Baseplate

**2014**

Triathlon  
Tritanium Patella

**2015**

Triathlon  
Tritanium Cones

**2016**

Tritanium  
PL Cage

**2017**

Tritanium  
C Cage

**2018**

Trident II  
Tritanium  
Acetabular Shell

# Bone loss management with **cones**

“The intraoperative goal of revision TKA is to **reconstruct bony defects** to **restore the anatomical joint line**...”<sup>2</sup>

## Factors that may contribute to bone loss include:

- Infection<sup>3</sup>
- Instability<sup>4</sup>
- Stress shielding<sup>4</sup>
- Implant failure<sup>3</sup>
- Osteolysis<sup>4</sup>
- Implant removal<sup>3</sup>

**In revision TKA, bone defects may be quite large, despite being asymptomatic.<sup>3</sup>**

In revision TKA, porous cones may be an excellent option to manage bone defects and offer excellent short term outcomes<sup>3,5-8</sup>. For AORI Type 2 or 3 defects, cones may be a better alternative to allograft augmentation with less complications:<sup>4,9</sup>

| Study                           | N* | Bone defect management | Avg f/u (yrs) | Survivorship (%) | Complications                            |
|---------------------------------|----|------------------------|---------------|------------------|--|
| Howard, et al <sup>10</sup>     | 24 | Porous Cones           | 2.7           | 100              | None                                     |
| Schmitz, et al <sup>11</sup>    | 44 |                        | 3             | 94               | Loosening (5.7%)                         |
| Clatworthy, et al <sup>12</sup> | 52 | Structural allograft   | 10            | 72               | Infection (7.7%)                         |
| Steens, et al <sup>13</sup>     | 34 | Impaction Graft        | 4             | 76               | Loosening caused by failure of the graft |

\*N = number of revision knees available for follow-up

“... The long-term goal of revision TKA is a well-fixed, stable joint that improves the patient’s quality of life.”<sup>2</sup>



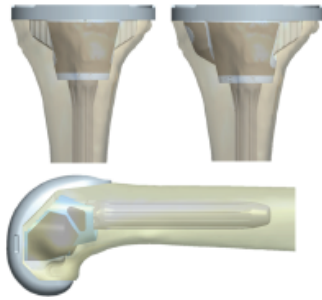
With Triathlon Tritanium Cone Augments, metaphyseal defects are managed using a reamer-based prep method, which may minimize fracture risk and reduce excess bone reaming.<sup>5</sup>

# Fixation first

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“Solid fixation of implants is **essential for mobilization and longevity**.”<sup>14</sup>

It is important to identify **zones** available for fixation and fixation methods best suited to the case.<sup>14</sup>



Triathlon's **SOMA-designed cone shapes** were designed to minimize unnecessary bone removal and reduce intraoperative contouring of bone.<sup>15</sup> The combination of **solid and porous structures** allows for reduced cone cross sections.<sup>16</sup>



Metaphyseal fixation in revision TKA is paramount for survivorship. Cones may restore metaphyseal integrity with the potential for **long-term durable fixation**.<sup>17</sup>

Once biologic fixation is achieved, the loads are dispersed away from the joint line, protecting the interface from stresses that cause mechanical loosening.<sup>9</sup>



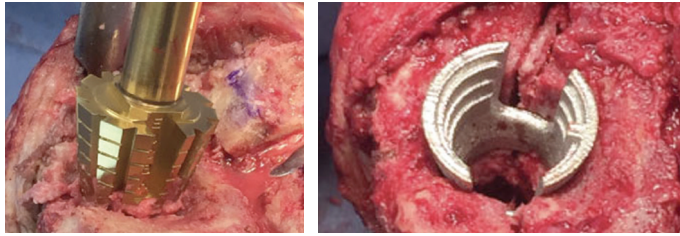
Micromotion of the tibial components may lead to lysis, believed to be the main reason for aseptic loosening.<sup>18</sup> The solid titanium inner surface of Triathlon Cone Augments is **optimized for cement adhesion**.<sup>19</sup>



# A stable construct

“A successful revision total knee arthroplasty (TKA) requires a **stable foundation**.”<sup>9</sup>

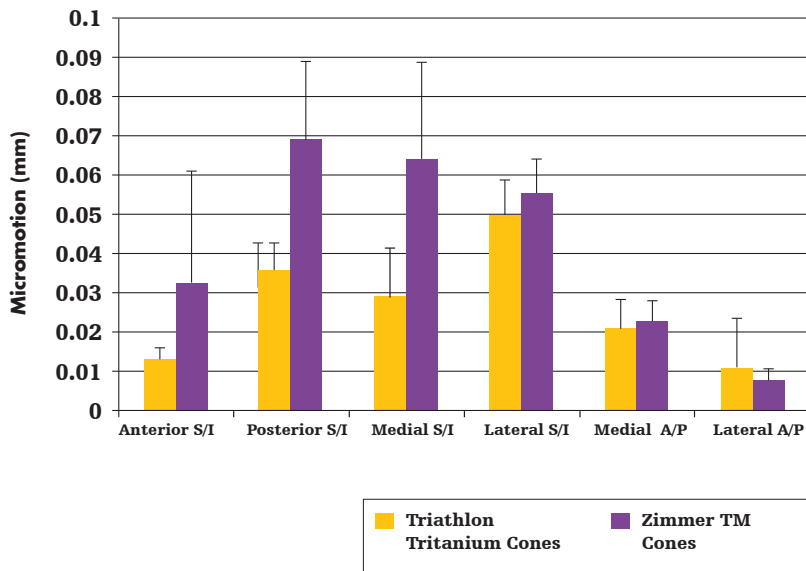
## Porous Titanium Cone: 1 step prep<sup>5</sup>



## Porous Tantalum Cone: Repeated burring<sup>20</sup>



### Pk-Pk Micromotion

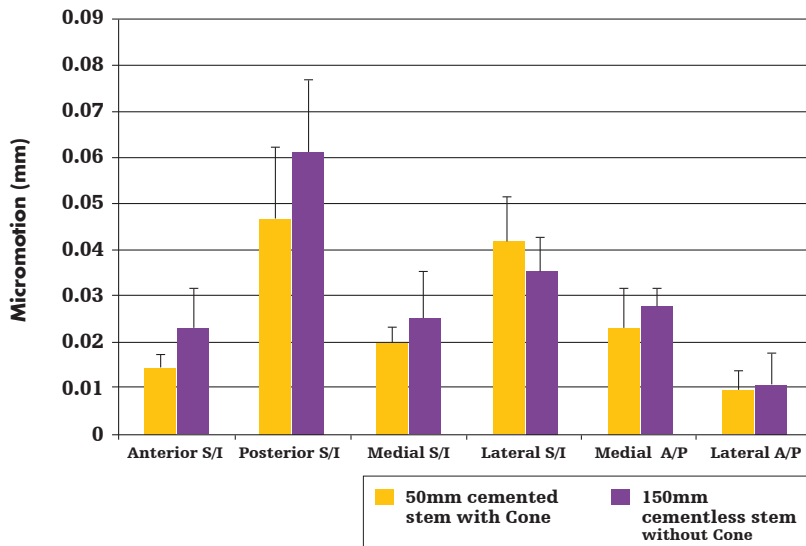


Triathlon Tritanium Cone Augments are designed to provide structural support to the implant and they **have been shown to minimize micromotion** compared to TM cones.<sup>20</sup>

Biomechanical studies support cement fixation in rTKA, especially in cases of uncontained defects or poor bone quality.<sup>21</sup>

Normalizations on the solid, inner surface of the Cones create a cement interface to reduce cement shear and **unitize** the components.<sup>19</sup>

### Pk-Pk Micromotion



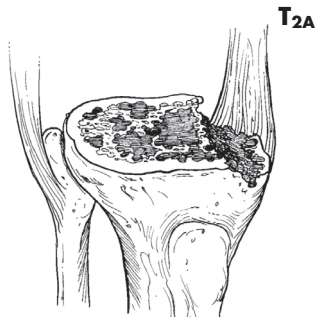
Triathlon Tritanium Cone Augments may assist in improving rotational stability and alignment for short cemented stems.<sup>22</sup>

In one study, a cemented baseplate with a Triathlon Tritanium Symmetric Cone achieved equal **axial** and **rotational stability** compared to long press-fit stems in cases of moderate tibial defects.<sup>22</sup>

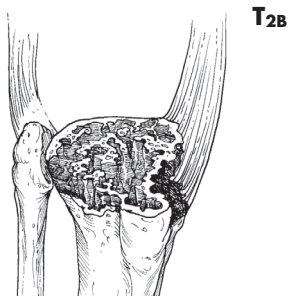
# Meet the **cones family**

The Anderson Orthopaedic Research Institute (AORI) classification was developed to categorize metaphyseal bone loss.<sup>23</sup>

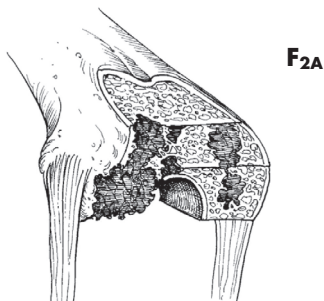
However, no two defects are alike, and management of defects can be a technical challenge.<sup>24</sup> For this reason, Triathlon Tritanium Cone Augments are designed to **fit the bone**, not the defect.



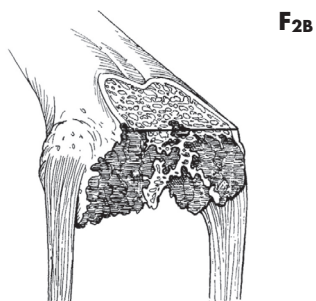
Symmetric Tibial Cones are designed to manage bone loss in **centralized AORI type II defects** and support the remaining bone stock



Asymmetric Tibial Cones are designed to manage type II and **uncontained defects of the tibia**. Size-specific lobes are optimized for a variety of bone shapes and sizes.



Central Femoral Cones are designed to manage centralized AORI **type IIa defects** of the femur and support the remaining bone stock.



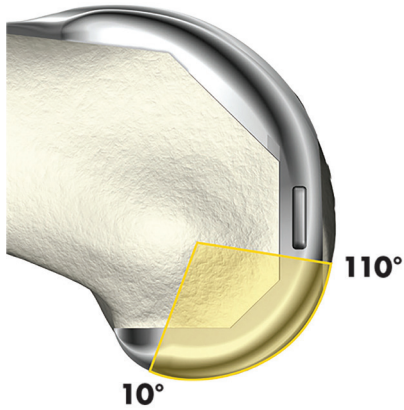
Bi-lobed Femoral Cones are designed to manage **type IIb defects of the femur**. Lobes are designed according to corresponding femoral component dimensions.



**AORI defects as illustrated by Pecora, et al.<sup>25</sup>**

# Revision **redefined**

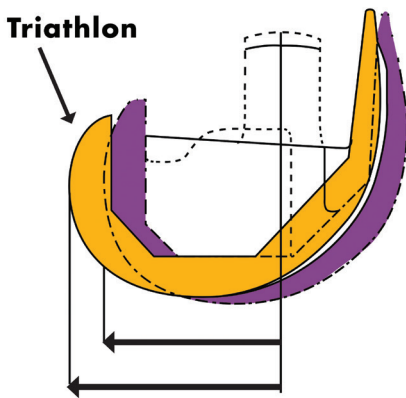
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Patient-reported results of revision TKA are often inferior to that of a primary<sup>26</sup>, but Triathlon TS demonstrated restored function and reduced pain with results similar to those in primary TKA at two-year follow-up.<sup>27</sup>

Triathlon TS has a **single radius** design for stability throughout the active range of motion.<sup>28-31</sup>

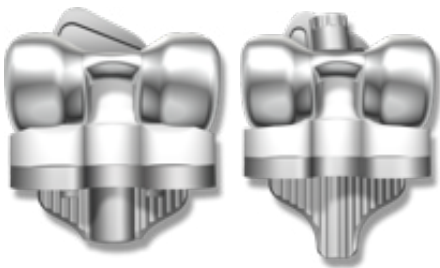
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Posterior Condylar Offset (PCO) is directly attributable to flexion stability and has been shown to be an independent predictor of positive outcomes.<sup>32</sup>

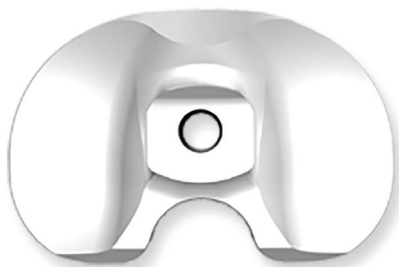
Triathlon Revision femurs feature a **built-in femoral offset** to help correct flexion–extension mismatches and reduce the need for femoral offset adapters.<sup>33</sup>

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The Triathlon portfolio allows for intraoperative flexibility of various constraint options.<sup>34</sup> If stability cannot be obtained in a revision, progressive levels of constraint should be considered in the revision construct.<sup>35</sup>

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Instability often requires some mechanical constraint, and a constrained design that provides Varus/Valgus constraint should be used if there is functional loss of the collateral ligaments or an inability to balance gaps.<sup>35</sup>

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## Joint Replacement

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