

RISK FACTORS

for stroke include:

 <p>Diabetes</p>	 <p>Obesity</p>
 <p>Alcohol use</p>	 <p>Diet</p>
 <p>Atrial Fibrillation (AFib)</p>	 <p>High cholesterol</p>
 <p>Smoking</p>	 <p>Lack of exercise</p>
 <p>Sleep apnea</p>	 <p>High blood pressure</p>

Learn more at: www.somesignssavelives.com







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Know the signs of stroke

BE FAST

	<p>B ALANCE</p> <p>Sudden loss of balance or dizziness.</p>
	<p>E YES</p> <p>Vision loss or blurriness.</p>
	<p>F ACE</p> <p>Face or smile drops on one side.</p>
	<p>A RMS</p> <p>Weakness of arm or leg on one side of body.</p>
	<p>S PEECH</p> <p>Difficulty speaking or slurred speech.</p>
	<p>T IME</p> <p>Call emergency services immediately.</p>

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