

Learn more at: www.somesignssavelives.com

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Diabetes	
Alcohol use	
Atrial Fibrillation (AFib)	
Smoking	
Sleep apnea	
Obesity	
Diet	
High cholesterol	
Lack of exercise	
High blood pressure	

RISK FACTORS for stroke include:

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Know the signs of stroke BE FAST



B

ALANCE

Sudden loss of balance or dizziness.



E

YES

Vision loss or blurriness.



F

ACE

Face or smile drops on one side.



A

RMS

Weakness of arm or leg on one side of body.



S

PEECH

Difficulty speaking or slurred speech.



T

IME

Call emergency services immediately.

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