

Know the signs of stroke

BE FAST



BALANCE

Sudden loss of balance or dizziness.



EYES

Vision loss or blurriness.



FACE

Face or smile drops on one side.



ARMS

Weakness of arm or leg on one side of body.



SPEECH

Difficulty speaking or slurred speech.

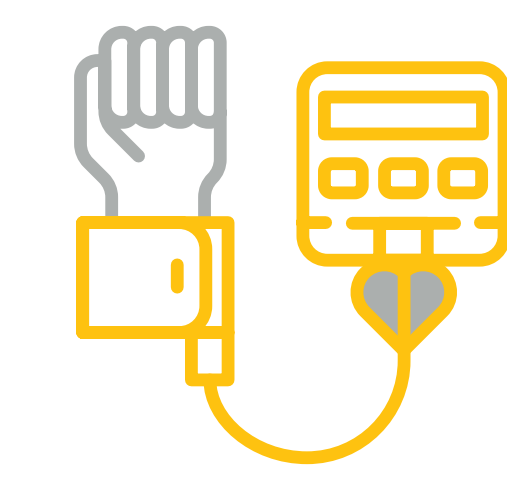


TIME

Call emergency services immediately.

Risk factors

for stroke include:



High blood pressure



Lack of exercise



High cholesterol



Diet



Obesity



Sleep apnea



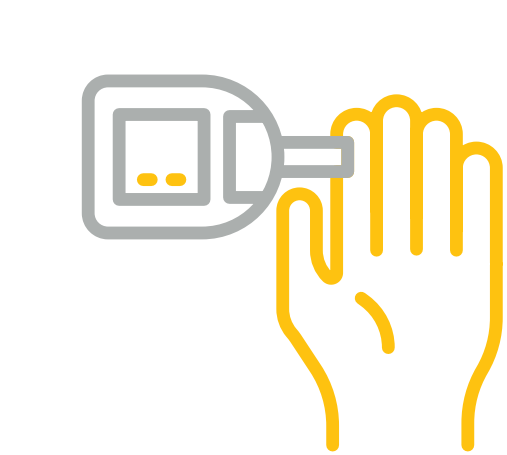
Smoking



Atrial Fibrillation (AFib)



Alcohol use



Diabetes

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