

Know the signs of stroke

BE FAST



B **ALANCE**

Sudden loss of balance or dizziness.



E **YES**

Vision loss or blurriness.



F **ACE**

Face or smile drops on one side.



A **RMS**

Weakness of arm or leg on one side of body.



S **PEECH**

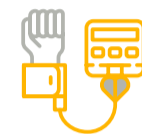
Difficulty speaking or slurred speech.



T **IME**

Call emergency services immediately.

Risk factors for stroke include:



High blood pressure



Lack of exercise



High cholesterol



Diet



Obesity



Sleep apnea



Smoking



Atrial fibrillation (AFib)



Alcohol use



Diabetes

Learn more at: www.somesignssavelives.com